

Friday, 26 July Day 2 | Conference

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| 6.45 AM | Guided Walk with Heart Foundation Walking | |
| 7.00 AM | Registration and Exhibition Open | |
| 7.00 AM - 7.45 AM | ASLM Lifestyle Medicine Breath Work with Kym Burls | Panorama Foyer |
| 7.30 AM - 8.30 AM | Breakfast Session: FreeStyle Libre 2 – Making It Easy to Uncover your Patients' Hidden Glucose Patterns Abbott | Panorama 1 |
| | Breakfast Session: Leqvio and LDL-C Control: A Practical Guide for Nurses and GPs Novartis Pharmaceuticals Australia | Panorama 2 |
| | Breakfast Session: Management of Venous Leg Ulcers and Diabetic Foot Ulcers in General Practice and Community Settings – Understanding the Risks, Treatment Modalities and Referral Options Smith and Nephew | Panorama 3 |
| 8.30 AM | Movement Break | |
| 9.00 AM | Joint Opening Plenary – APNA & ASLM – Future Health Fit for Purpose | Hall L |
| 9.00 AM | Welcome from Master of Ceremonies Dr Flavia Fayet-Moore, Founder and CEO of FOODIQ | |
| 9.02 AM | Welcome to Country Kurna, Narungga, Ngarrindjeri, Ngadjuri and Arrente Elder | |
| 9.20 AM | Welcome Address from APNA President Karen Booth, APNA | |
| 9.25 AM | Welcome Address from ASLM President Dr Hung The Nguyen, ASLM | |
| 9.30 AM | Ministerial Address The Hon Ged Kearney, Assistant Minister for Health and Aged Care | |
| 9.40 AM | Shadow Minister's Address Senator Anne Ruston, Shadow Minister for Health and Aged Care | |
| 9.50 AM | Keynote Prof Michael Kidd, Global Primary Care and Future Health Systems, University of NSW and University of Oxford | |
| 10.00 AM | Primary Health Care Congress (Invitation Only) | City Room 2-3 |
| 10.30 AM | Morning Tea | Hall M-O |
| | Poster Presentation Sessions | Panorama Ballroom |
| 10.40 AM | Study protocol for an online survey assessing techniques for managing mental wellbeing by university students in Australia Xirun Yang. The University Of Melbourne | |
| 10.45 AM | Demographic predictors of undertaking stress-reducing activities and associations with quality of life in people with multiple sclerosis Xirun Yang. The University Of Melbourne | |
| 11.00 AM - 12.00 PM | Sepsis - Preventable but Misunderstood, Implications for Primary Health Care A/Prof Naomi Hammond, Program Head for the Critical Care and Sepsis Australia Programs at The George Institute for Global Health, Prof Bala Venkatesh, Program Director of Critical care at The George Institute for Global Health and Lead for the QLD Sepsis Taskforce, Lyn Whiteway, Sepsis survivor, Health Consumer Advisor for Sepsis Australia and the Staphylococcus aureus bacteraemia Network Adaptive Platform Trial (SNAP), advocate and sepsis educator & Dr Brett Abbenbroek, Sepsis Australia and Asia Pacific Sepsis Alliance Program Manager and serves on the Global Sepsis Alliance Executive Board | Hall L |
| | The Importance of the First 2000 Days of Life and How Primary Care Nurses Can Shape the Future of Health Kerry McBride, Sydney North Health Network | L2 |
| | Shared Medical Appointments - Toolkits and Tips Tracey Johnson, CEO at Inala Primary Care & Kim Poyner, Founder of MediCoach | L3 |
| | Chronic Oedema in the Aged Care Community - The Hidden Epidemic Maree O'Connor, Lymphoedema Education Solutions | Panorama 1 |
| | Workshop Exploring Utilisation of Team-based Care to Support Patient Centred Lifestyle Changes Tim Perry, Wentwest Ltd (Western Sydney Primary Health Network) | Panorama 2 |
| | Non-Responders (Precision Medicine/AI /Tech) Dr Cameron McDonald (PhD), Precision Health Alliance | Panorama 3 |
| | Utilising the Power of Exercise Dr Wendy Sweet (PhD), My Menopause Transformation & Lauren Whiting, Lift Cancer Care Services | City Room 1 |
| | Primary Health Care Congress | City Room 2-3 |
| | Actioning Health Behaviour Change Using Mindfulness and Values Jacinta Sherlock, Dietetics Done Differently & The ACT Dietitian | City Room 4 |

Friday, 26 July Continued...

Day 2 | Conference

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| 12.00 PM - 1.00 PM | Speed Presentations | |
| | Hall L Nurse Led Models of Care | L2 Movement & Motion |
| | <ol style="list-style-type: none"> Nurse-led Primary Health Care in Rural Australia: It's all About Relationships Sue Randall Building Nurse Led Baby clinic in a GP clinic Kerry McBride Shifting Paradigms, Practice Development and Change: Implementation of an Evolutionary, Nurse Led Model of Care in a Primary Health Setting Elisabeth Black Port Macquarie Wound Care Clinic – Innovative Nurse-Led Wound Services Melissa Freeman | <ol style="list-style-type: none"> Spinal Health - a Lifestyle Choice Mark Silvester Mobility and Cognitive Impairment Symptoms Differentially Predict Lifestyle Behaviour Engagement in People with Multiple Sclerosis Dr Andyta Nalaresi Hartono Modifiable Lifestyle Behaviours - 5 year trajectory in Multiple Sclerosis Dr Nupur Nag (PhD) |
| | L3 Digital Health and Virtual Care | Panorama 1 Vulnerable Populations |
| | <ol style="list-style-type: none"> Nurse Transformers – Extending the Reach of Digital Technology Across Primary Health Care Margaret Dempsey Using AI to motivate communities to get walking Michelle Marshall Virtual Cellulitis; A Hybrid Pathway Tony Hecimovic MediAlert QR Code Service in Review - 12 months of Positive Impact Chris Radbone | <ol style="list-style-type: none"> Enhancing Access to Audiology Services: The Role of Audiometry Nurses in Primary Health Care Linlin Ho Healthcare Access For The Urban Poor Dr Sunil Abraham Clinical Practice Guideline Pressure Injuries and Skin Health in Para Sport Sarah Direen Snapshot of health and wellbeing realities for LGBTQ+ people Michael Frommer |
| | Panorama 2 Age and Cognition | Panorama 3 Mental Health |
| | <ol style="list-style-type: none"> Cognition Protocols for Long Duration Space Mission Jacinda Cottee Understanding Nurses' Perceptions of a Holistic Approach to Dementia Risk Reduction in Primary Care Mary Tullipan Nurse Practitioner's in Aged Care Charna Murray What we can learn from the Betty Whites about cognitive ageing Jenny Brockis | <ol style="list-style-type: none"> Bridging the Gap: Harnessing the Nursing Role to Strengthen Eating Disorder Support in Primary Care Settings Bella Burns Lifestyle Co-Occurance and Associated Mental Health Dr Prince Atorkey Strengthening the Capacity of Primary Health Nurses to Promote Child Mental Health and Wellbeing: a PHN-led Model for Multidisciplinary Professional Development Ania Mazurkiewicz An alternative to Emergency Department for people experiencing a mental health crisis Lainey Reynolds & Ashleigh Gallagher |
| City Room 1 Pillars of Lifestyle Medicine | City Room 4 Early Intervention | |
| <ol style="list-style-type: none"> Insomnia Management: the War on Sleeping Tablets Nicole Grivell Allen Carr's Easyway to Stop Smoking: The Method and the Research Jaime Reed Laughter Yoga: A Social Prescription for Enhanced Well-Being Annelize Prinsloo The Power of Good Nutrition in Health and Wellbeing Professor Catherine Itsiopoulos | <ol style="list-style-type: none"> Improving CKD Detection in Primary Care Through Team-based Education and Practice Data Reports Claire Sheeky & Breonny Robson Empowering Climate Health Nursing Leadership: The launch of the Climate Action Nurses Impact Portal Aletha Ward Enablers of and Barriers to Nurses Providing Preventive Care in General Practice Katrina Paine Supporting and identifying patients with hereditary cancer risk in the primary care setting Robyn Smith | |
| 12.00 PM | Primary Health Care Congress (Invitation Only) | |
| 1.00 PM | Lunch | |
| Poster Presentation Sessions | | Panorama Ballroom |
| 1.00 PM | Consumer perspectives on multidisciplinary team [MDT] care for postural orthostatic tachycardia syndrome [POTS]. Gemma Wilson, PhD Candidate/ Clinical Nurse Consultant at University of Adelaide | |
| 1.05 PM | Going Full Circle; Experience of a Practice Nurse Transitioning to Diabetes Educator Darlene Borgas, Diabetes Educator at Diabetes Alliance Program Plus | |
| 1.10 PM | Building bridges: Diabetes Alliance Program Plus (DAP+) collaborating with Rural Practice Nurses to improve Indigenous health: The Boggabilla experience. Sharon Ross-Evans, CNS/Credentialed Diabetes Educator at Diabetes Alliance Program + | |
| 1.15 PM | Associations between daily sedentary time and sleep parameters in Taiwanese adults using tri-axial accelerometers Po-Wen Ku, National Chung Hsing University | |
| 1.20 PM | Efficacy of Vitamin D+K2 Supplementation in Alleviating Depressive Symptoms in Postmenopausal Women Luiza Carvalho, University of Wollongong | |
| | | City Room 2-3 |
| | | Hall M-O |

Friday, 26 July Continued...

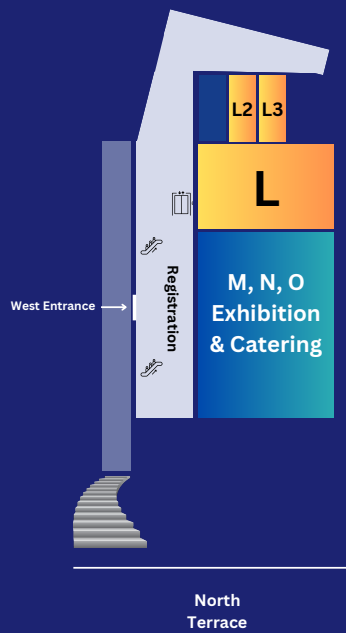
Day 2 | Conference

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|-------------------|---|-------------------|
| 2.00 PM - 3.00 PM | Asthma Medications and Device Technique Debbie Rigby, Clinical Executive Lead at National Asthma Council Australia | Hall L |
| | The Stress Reduction Tool At Your Fingertips - Tapping EFT Tanja Blinkhorn, EFT Practitioner and MindBody Coach & Jenny Malcolm, Clarity Coach and EFT Practitioner | L2 |
| | Continuous Glucose Monitoring in Clinical Practice Dr Michelle Woolhouse, Founding Medical Director, Vively | L3 |
| | That Which Doesn't Kill You Makes You Stronger - The Role Of Hormetic Stressors in Health & Longevity Paul Taylor, Neuroscientist, Exercise Physiologist, Nutritionist, PhD Scholar, Prac-Ademic, Author and Podcaster | Panorama 1 |
| | Innovators and Entrepreneurs: Business Models in Lifestyle Medicine Part 1 Simon Ashley, CRO at ATUNE Health Centres & Dr Lena Attebo at Oracle Healthcare | Panorama 2 |
| | We Need to Examine the Language of Medicine Dr Helena Popovic MBBS, Doctor and Educator, Outwitting Alzheimer's | Panorama 3 |
| | Assessing Frailty in the 40-70 Year Age Group- a Challenge for all Health Professionals Chris Bollen, Director at Bollen Health & Jane Bollen, Primary Healthcare Nurse Consultant at Bollen Health | City Room 1 |
| | Primary Health Care Congress (Invitation Only) | City Room 2-3 |
| | Changing the Paradigm from Kidney Failure to Kidney Preservation: New Recommendations and Guidelines for Primary Care Practice Breonny Robson, General Manager, Clinical & Research at Kidney Health Australia & Claire Sheeky, Primary Care Programs Manager at Kidney Health Australia | City Room 4 |
| 2.00 PM | Primary Health Care Congress (Invitation Only) | City Room 2-3 |
| 3.00 PM | Afternoon Tea | Hall M-O |
| | Poster Presentation Sessions | Panorama Ballroom |
| 3.10 AM | Quality Improvement in Primary Care - enhancing patient care through continuous quality improvement Wai Shan (Grace) Tam, South Western Sydney Primary Health Network | |
| 3.15 AM | Evaluation of Behaviour Change Training for Case Managers in The Transition Care Program Using Kirkpatrick's Model Natasha Reid, Research Fellow at The University of Queensland | |
| 3.20 AM | Team-based primary care barriers: Perceptions of remote and rural nurses/midwives in QLD Jo Symons, Health Workforce Queensland | |
| 3.30 PM - 4.30 PM | Student Session Career Pathways Renee Flynn, Clinical and Education Manger – Clinical Placement Program at APNA, Jane Hollier, Clinical Supervisor for the Career Pathways team at APNA & Rebekah Cox, Health Care Solutions Manager with APNA | Hall L |
| | Evaluation of the Online Asthma in Pregnancy Toolkit Karen McLaughlin, Clinical Midwife Specialist/ Midwifery Academic and Researcher | L2 |
| | Deteriorating Residents in the RACH Kim Poyner, Founder of MediCoach | L3 |
| | Primary Care Sleep Health & Insomnia Skill Building Session Dr Nicholas Zwar, Executive Dean of the Faculty of Health Sciences and Medicine at Bond University & Dr Alex Sweetman (PhD), Senior Program Manager with the Australasian Sleep Association, chair of the ASA psychologist education committee, and has academic status at Flinders University | Panorama 1 |
| | Pearls and Pitfalls - Candid Conversation on Lifestyle Medicine Implementation Dr Clara Chu, Dr Kelly-Anne Garnier, GP and Founder at Redefining Health & Dr Lena Attebo, Oracle Healthcare | Panorama 2 |
| | Immunisation - Sharpen Your Knowledge Lorraine Crowe & Alison Schiller, Communicable Disease Control Branch, South Australia Department for Health and Wellbeing, Adelaide, South Australia, Australia | Panorama 3 |
| | Sleepless Studies and Success Stories: Navigating Challenges and Opportunities in pursuing a career in Healthcare Dr Sonia Chaabane (PhD), Instructor in Population Health Sciences & Senior Specialist, Population Health Research, Institute for Population Health (IPH)-Weill Cornell Medicine - Qatar & Dr Elise Ecker, SJOG Midland / Junior doctor for WA health | City Room 1 |
| | Primary Health Care Congress (Invitation Only) | City Room 2-3 |
| | Development of a Digital Social Prescribing Pathway - The Walk Well Together Pilot Pamela Scarborough, Senior Health Professional Engagement Officer at The Heart Foundation & Lauren Thorn, Program manager of the RACGP Shaping a Healthy Australia project | City Room 4 |

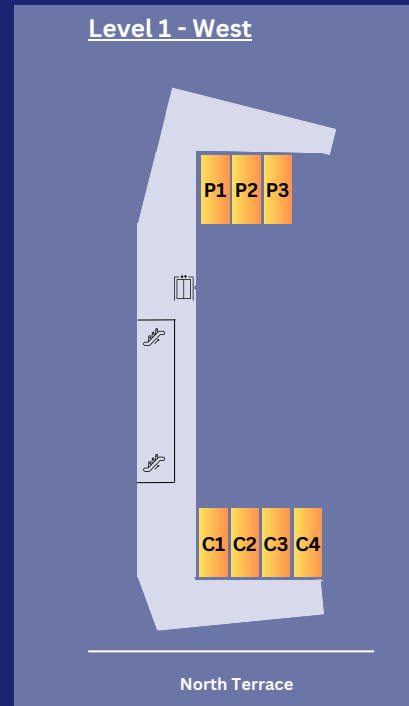
Friday, 26 July Continued... Day 2 | Conference

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| 3.30 PM | Primary Health Care Congress (Invitation Only) | City Room 2-3 |
| 5.00 PM | Exhibition Close | Hall M-O |
| 5.30 PM - 8.00 PM | ASLM Excellence Awards, Fellowship Ceremony and Networking Event The Playford Hotel, North Terrace | Festival of Nursing Party Immersive Light and Art, Light Square |
| 8.00 PM | Essential Health Summit After Party Immersive Light and Art, Light Square | |

Ground Level - West



Level 1 - West



Saturday, 27 July

| | | |
|---------------------|--|--|
| 6.45 AM | Guided Walk with Heart Foundation Walking | |
| 7.00 AM | Registration and Exhibition Open | |
| 7.00 AM | ASLM Lifestyle Medicine Annual 5km Run | |
| 7.00 AM - 7.45 AM | ASLM Lifestyle Medicine Breath Work with Kym Burls | Panorama Foyer |
| 8.00 AM - 9.00 AM | Breakfast Session: Paediatric RSV, influenza & meningococcal immunisation- how, why & when Sanofi | City Room 1 |
| | Breakfast Session: Take a Breath : A New Era in RSV Prevention Pfizer | City Room 2-3 |
| | Breakfast Session: The Role of the Primary Care Nurse in Identification and Treatment of Eating Disorders InsideOut Institute | City Room 4 |
| 8.00 AM - 9.00 AM | ASLM Accreditation – Information and Networking Session Professor Catherine Itsiopoulos, Chair WLMO Education Taskforce & Dr Adam Smith, International Accreditation Assessor | Panorama 1-3 |
| 9.00 AM | Movement Break | |
| 9.30 AM - 11.00am | APNA Plenary: Top of Scope: Unleashing the Full Potential of Nursing |  Hall L |
| 9.30 AM | Welcome from Master of Ceremonies Dr Flavia Fayet-Moore, Founder and CEO of FOODiQ | |
| 9.35 AM | Keynote: APNA Values Sam Moses, Founder and Nurse Ambassador at APNA | |
| 9.55 AM | APNA Awards Sam Moses, Founder and Nurse Ambassador at APNA & Karen Booth, President of APNA | |
| 10.05 AM | Presidents' Award Karen Booth, President of APNA | |
| 10.15 AM | Rosemary Bryant Award | |
| 10.20 AM | Keynote Greta Westwood, CEO at Florence Nightingale Foundation, Registered Nurse | |
| 9.30 AM - 11.00 AM | ASLM Concurrents |  |
| | Implementing The Maudsley Deprescribing Guidelines: Using Lifestyle Medicine to Support Patient Transition to Drug Free Dr Mark Horowitz, Clinical Research Fellow in Psychiatry at North East London NHS Foundation Trust (NELFT), Visiting Lecturer at King's College London, an Honorary Clinical Research Fellow at University College London and a trainee psychiatrist, Prof Katharine Wallis, Mayne Professor and Head, Mayne Academy of General Practice and Head, General Practice Clinical Unit at the Medical School, University of Queensland & Dr Sam Manger, General Practitioner, Academic Lead in Lifestyle Medicine Postgraduate Degrees at James Cook University College of Medicine and Dentistry, Vice President of the Australasian Society of Lifestyle Medicine (ASLM) | Panorama 1-3 |
| | Technology and Healthcare Dr Eddie Price, Medical Director, eHealthier, Matthew Vickers, Clinical Director and Specialist GP at Eucalyptus & Troy Flower, CEO and Founder at Wellteam | L2 |
| | Understanding the Healthy Eating Landscape Moira Junge, Registered Health Psychologist and a member of the Australian Psychological Society, Dr Cheryl Wilson, GP at Living Well with Dr Wilson & Dr Tetyana Rocks (PhD), Dietitian and Senior Research Fellow | City Room 1 |
| | Empowering Health Transformation in the Northern Territory Through Shared Medical Appointments John Stevens, Associate Professor, National Centre for Naturopathic Medicine & Kellie Kerin, | City Room 2-3 |
| | The Role of Allied Health Professionals in the Care Journey Sally Mastwyk, Physiotherapy Lecturer at La Trobe University, Dr Peter McGlynn (PhD), Chair of Australasian Institute of Chiropractic Education & Dr Peter McCann (PhD), CEO at FlexEze Heat Wraps | City Room 4 |
| 11.00 AM | Morning Tea | Hall M-O |
| 11.05 AM | Sponsor Spotlight Sessions | Hall L |
| 11.05 AM - 11.15 AM | Impact of nirsevimab on infant RSV-Data from the real world Sarah Goffin Presented by Sanofi | |
| 11.15 AM - 11.25 AM | Introducing Lifestyle Medicine programs at Southern Cross University John Stevens Presented by National Centre for Naturopathic Medicine - Southern Cross University | |

Saturday, 27 July Continued...

Day 3 | Conference

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|---------------------|---|---|---------------|
| 11.30 AM - 1.00 PM | ASLM Plenary: Redefining Healthcare from Pills to Prowess Through Lifestyle Medicine |  | Hall L |
| 11.30 AM | Welcome from Master of Ceremonies Dr Flavia Fayet-Moore, Founder and CEO of FOODiQ | | |
| 11.35 AM | Keynote Dr Mark Horowitz, Clinical Research Fellow in Psychiatry, Lecturer and Author | | |
| 12.00 PM | Keynote Prof Nicholas Zwar, General Practitioner and Leader in Primary Care Research | | |
| 12.30 PM | Keynote Dr Tetyana Rocks, Dietitian and Senior Research Fellow | | |
| 11.30 AM - 12.30 PM | APNA Concurrents |  | |
| | Climate Impact on Health: Equipping Nurses with Knowledge and Tools for Action Aletha Ward, University of Southern Queensland | | Panorama 2 |
| | Scope of practice and decision-making using the Nursing and Midwifery Board of Australia's professional practice framework Saz Newbery, Senior Policy and Project Officer: Nursing and Midwifery at AHPRA | | Panorama 1 |
| | Wound Bioburdens - the Good the Bad and the Ugly Scott King, Education Liaison at Wounds Australia | | City Room 2-3 |
| | Doing Health Better for People with Cognitive Disability Jayne Lehmann, EdHealth Australia | | Panorama 3 |
| | Coordinated Veterans Care - How to get Started and Keep Going Carolyn Lally, Primary Healthcare Nurse at Clare Medical Centre, Helen Storer, Practice Nurse at North Beach Medical Centre, Sandra Glanville, Registered Nurse, Jacqueline Boyd, Director of the Transport and Coordinated Veterans' Care Programs team in the Department of Veterans' Affairs & Jacqueline Hair, Assistant Director of the Coordinated Veterans' Care Programs team in the Department of Veterans' Affairs | | City Room 1 |
| | New Australian Guideline and Risk Calculator for Assessing and Managing Cardiovascular Disease Risk Kerryn Brims, Senior Healthcare Programs Officer, Risk Reduction Lead, National Heart Foundation of Australia, Niv Chandramohan, Darling – Senior Healthcare Programs Officer, National Heart Foundation of Australia & Lisa Kalman, Senior Program Officer, Healthcare Systems Integration Lead, National Heart Foundation of Australia | | City Room 4 |
| 12.30 AM - 1.00 PM | APNA Nursing Focus |  | |
| | PHC Nursing Careers - a Different Path Ben Gorrie, Nurse Practitioner at Monash Health & Elizabeth McCullough, Squadron Leader, Royal Australian Air Force | | City Room 1 |
| | APNA Opportunity Sam Moses, Founder & Nurse Ambassador at APNA & Sara Drew, Nurse Manager - Courses and Workshops at Australian Primary Health Care Nurses Association | | Panorama 1 |
| | HPV self-collection: are YOU ready to make history? Kate Flynn, Project Officer at Australian Centre for the Prevention of Cervical Cancer & Hannah Saunders, Project Officer at Australian Centre for the Prevention of Cervical Cancer | | Panorama 2 |
| | Strategies for Effective Collaboration Rohie Marshall, Project Lead at Brisbane North PHN, Annie Hemm, Clinical Project Lead for Complex Care Models & Nicole Grivell, Sleep Education and Implementation Scientist at Flinders University | | Panorama 3 |
| | Make a Difference in your Community - Interdisciplinary Urgent Care Service Kerrie Duggan, Primary Health Care NP, Managing Director and co-owner at Cygnet Family Practice | | City Room 2-3 |
| | Breaking Boundaries in Health Care Heather Hocking, Registered Nurse and Midwife & Aayushi Khillan, Founder & CEO at Body Buddies | | City Room 4 |
| 1.00 PM | Lunch | | Hall M-O |

Saturday, 27 July Continued...

Day 3 | Conference

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|-------------------|---|---------------|
| 1.05 PM | Sponsor Spotlight Sessions | Hall L |
| 1.05 PM - 1.15 PM | What's in a call? How Quitline helps Dr Eileen Cole Presented by Quit Centre - Cancer Council Victoria | |
| 1.15 PM - 1.25 PM | Serving with Care: Health in the ADF Flight Lieutenant (FLTLT) Diane Casey Presented by Australian Defence Force Careers Centre | |
| 1.25 PM - 1.35 PM | Does contextualised VET education have a place in Primary Healthcare? Jessica McKirkle & Janine Towner Presented by Serco | |
| 1.35 PM - 1.45 PM | Palliative Care Connect - Providing information and links to palliative care and bereavement supports in South Australia Daniel Lewis & James Cheesman Presented by Palliative Care Connect (SA Health - Government of South Australia) | |
| 1.00 PM | Lunch | Hall M-O |
| 2.00 PM - 3.00 PM | Unleashing the Workforce - What's the Vision for Primary Health Care Reform and How We Get There? Frances Rice, Senior Nursing Advisor to the Commonwealth Chief Nursing and Midwifery Officer in the Department of Health and Aged Care, Mia Dhillon, General Manager Health Care Solutions at APNA & Frances Cieslak, Registered Nurse and Advocacy Manager at APNA | Hall L |
| | Embedding Indigenous Leadership for Sustainable Organisational Change Dallas McKeown, Executive Director of First Peoples' Strategies at Council of Remote Area Nurses | L2 & L3 |
| | Innovators and Entrepreneurs: Business Models in Lifestyle Medicine Part 2 Lidia Conci, CEO of Solenne & Dr Louise Schofield, CEO of PREKURE | Panorama 1 |
| | Lifestyle Medicine in Clinical Prehab Dr Sam Manger, General Practitioner, Academic Lead in Lifestyle Medicine Postgraduate Degrees at James Cook University College of Medicine and Dentistry, Vice President of the Australasian Society of Lifestyle Medicine (ASLM) | Panorama 2 |
| | Mental Health Prevention and How We Make a Difference Dr Darren Morton, Professor and Director of the Lifestyle Medicine and Health Research Centre at Avondale Uni & Sara Drew, Nurse Manager - Courses and Workshops at Australian Primary Health Care Nurses Association | Panorama 3 |
| | Knowledge, Attitudes and Action for Lifestyle Medicine Practice Dr Almoutaz Alkhier Ahmed Abdulrahman, Dubai Academic, Health Corporation & Jessica van Slooten, Chief Amazement Officer at Decision Point Ltd | City Room 1 |
| | Meeting the Unmet Needs of Adolescent and Young Adults with Cancer Lyndal Moore, Clinical Nurse Consultant Hunter & Northern NSW Youth Cancer Service | City Room 2-3 |
| | Reducing the Risk of Burn out in Healthcare Practices Chris Bollen, Director at Bollen Health | City Room 4 |
| 3.00 PM | Joint Closing Plenary - APNA & ASLM - Bringing it Home | Hall L |
| 3.00 PM | Welcome from Master of Ceremonies Dr Flavia Fayet-Moore, Founder and CEO of FOODiQ | |
| 3.05 PM | Prize Draw | |
| 3.15 PM | Essential Health Summit Wrap Up | |
| 3.30 PM | Panel Discussion Karen Booth, President of APNA Dr Hung The Nguyen, President of ASLM Dr Tony Hobbs, APNA Lily Henderson, ASLM | |
| 4.00 PM | Session Close | Hall M-O |